SERIES #2

Let's gain Monocentry Monocentry

a collaborative series brought to you by The Sumaira Foundation for NMO and The MOG Project



The Clue That Changes Everything

- MOG Antibody Disease (MOG-AD) is diagnosed through a blood test and for that reason, the MOG antibody is considered a <u>biomarker</u> for the disease
- Many other neuroimmune diseases such as Multiple Sclerosis (MS) are diagnosed through observations of symptoms and the effects on the body, or diagnosis through <u>symptomatology</u>
- With the discovery of the MOG antibody, researchers are finding that many people who were thought to have one of these neuroimmune diseases, actually have MOG-AD after finding the antibody in their blood
- The development of the MOG antibody test has opened up a new frontier for exploring the complex inter-relationship between MOG-AD and neurological syndromes



CHARACTERIZING MOG-AD

MOG-AD can be monophasic or multiphasic

Monophasic refers to a single demyelinating event with no additional occurrences while having tested positive for the MOG antibody A majority of monophasic patients test negative after a period of time

Multiphasic refers to multiple occurrences of demyelinating events while initially tested positive for the MOG antibody

> Future MOG antibody tests may fluctuate in positivity

The MOG antibody is present in the blood during observations of many central nervous system autoimmune events and therefore can be implicated in a variety of neuroimmune conditions

A MOG Antibody Disease Diagnostic Relationship Map best describes the relationships between all disorders in which the MOG antibody is implicated





ADEM | Acute disseminated encephalomyelitis

ADEM ON | Single event ADEM followed by recurrent ON

CIS | Clinically isolated system of focal or polyfocal demyelinating lesions without encephalopathy

CRION | Chronic recurrent inflammatory optic neuropathy

MDEM | Multiphasic acute disseminated encephalomyelitis

MOG-EM | MOG encephalomyelitis including meningo-encephalitis and brainstem encephalitis all with or without optic neuritis

MOG+ | Positive for myelin oligodendrocyte glycoprotein antibodies

Monophasic | Single demyelinating event with no additional occurrences while testing MOG+

Multiphasic | Multiple occurrences of demyelinating events while initially testing MOG+ MS Like Pattern II | Multiple sclerosis-like symptoms (Pattern II is a rare subtype of MS) NMOSD | Neuromyelitis optica spectrum disorder

ON | Optic neuritis

RON | Recurrent optic neuritis

TM | Transverse myelitis



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What if you have a **SECOND ATTACK?**

- A diagnosis given after a single attack may not be a patient's final diagnosis
- A second attack can change their diagnosis
- A MOG Antibody Disease Linked Diagnosis Progression Map best describes how a diagnosis can progress to a new diagnosis when a patient has more than one attack



MOG ANTIBODY DISEASE LINKED DIAGNOSIS PROGRESSION: MONOPHASIC TO MULTIPHASIC



<u>GLOSSARY</u>

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Peter C. Fontanez



- The medical community is learning about this disease in real time
- It is up to us to advocate for ourselves and our loved ones to forge the definition of this disease so that diagnosis can be prompt and accurate
- If you have one of these neurological syndromes, ask your doctor whether you should be tested for the MOG Antibody



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